GRIP Leadership
On Thursday Leo Phillips, Shakira Cheers, Tayah Teale, Flynn Rousell, Tasha Pleasance and Fian Sullivan travelled to the Coffs Harbour Race Course to participate in the GRIP Leadership Conference along with 400 other primary school students from around Coffs Harbour and its' surrounds. On the day our leadership team looked at what makes a good leader, taking every opportunity and how they can make a difference to their school. We look forward to some of the initiatives which are going to be implemented in our school in the coming months!

Student Representative Council (SRC)
Each term two students from each class are selected to form our SRC, along with the 6 Karangi Captains: Shakira Cheers, Leo Phillips, Flynn Rousell, Tayah Teale, Fian Sullivan & Tasha Pleasance. The SRC representatives for Term 2 are: James Phillips, Grace Tomasoni, Jesse Skinner, Pip Thompson, Olly Angus-Brown, Aaliyah Meek, April Healy, Miranda Anthony, Milly Hill and Amelia Snell.

NAPLAN
On Tuesday, Wednesday and Thursday our Year 3 and 5 students will be participating in NAPLAN. The tests will be as follows:
Tuesday: Language Conventions and Writing
Wednesday: Reading
Thursday: Numeracy

Tennis Lessons
Tennis lessons with Tennis Pro Mr Allan Pade will commence in Week 5. A note was sent out last week, the note and full amount payable, needs to be returned by Friday 15th in order to organise groups and a timetable.

PSSA Tennis
Last Wednesday Majella Goulstone, Flynn Rousell, Charlie Pade and Ruby Pade competed in the Third Round of the PSSA Tennis competition against Grafton Public School. After a closely fought
competition Karangi were fortunate enough to come out victors, winning four sets all, 41 games to 40 games. We now play Kendall Public School in the 4th Round of the PSSA Tennis Competition.

Coffs Harbour District PSSA Cross Country
On Friday students from Karangi Public School travelled to Woolgoolga to participate in the Coffs Harbour District Cross Country. From here Tayah Teale, Charlie Pade, Ruby Pade, Milly Hill, Flynn Rousell and Tom Mihelffy-Hughes made it through to the Mid-North Coast Cross Country.

North Coast Rugby League Trials
On Friday Flynn Rousell travelled to Grafton to compete in the North Coast Rugby League Trials, which was rescheduled due to bad weather we experienced at the end of last week. Congratulations to Flynn who was successful in making the ‘possible and probables’ list for the North Coast Rugby League team!

Year 4/5 News

Class 4/5 have been exploring the persuasive genre. We have had some great persuasive discussions and students are presenting excellent persuasive speeches. Topics have included ‘Dogs are better than cats’, ‘Books are better than movies’ and ‘All school students should participate in fitness every day.’ In mathematics we have been identifying, building and drawing a variety of 2D and 3D shapes. Our first art project this term was based on Gustav Klimt artwork The Tree of Life. The trees branches twist, twirl, turn and undulate, creating a tangle of branches and vines, an expression of life's complexity.

Chantelle Lee
P&C NEWS

MOTHER'S DAY STALL
I hope all the Karangi children enjoyed coming to the Mother's Day stall last week and that they were able to make their mums feel special on Sunday. As a P & C project for Karangi, the Tuesday stall raised $283.80 and the Friday stall raised $101.90. Many thanks to the wonderful parent helpers for their cheerful and energetic work at the stalls - Tuesday: Rod Atkinson, Leeanda Angus & Carrie Skinner. Friday: Gerome Jackson-Baldwin & Adam Curlis.
Wendy Savaris 😄

UNIFORM ORDERS
Our lovely uniform coordinator, Karyn McKenzie, is at the school every Monday morning to fill any uniform orders that may have come in during the week. Please send in all uniform orders with the correct money to the office to be filled on Mondays unless there is an urgent need for a uniform replacement on that day.

ORARA VALLEY FAIR
P&C will again be holding a stall at the June long weekend Orara Valley Fair. Please see accompanying note sent home today about this.

Community News

COMMEMING MAY

CONNECT

Family Mental Health Support Service

Connect is the name of Interrelate's new Family Mental Health Support Service (FMHSS). FMHSS will provide support to children, young people and families in the Coffs Harbour, Nambucca Valley and Kempsey regions where there are children and young people who are affected by, or are at risk of, mental illness (no formal diagnosis is required). FMHSS will work with children, youth and families to build on what is already working well, while helping to find solutions for any concerns they have. Our goal is to help children, young people and families improve their health and wellbeing, improve relationships and connect them with their community.

FMHSS provides 3 types of support to improve mental health outcomes in the community:
- Groups and community education programs
- Short-term support to resolve immediate issues or concerns
- Intensive and long term case management up to 6-12 months, when families need more extensive support to resolve some of the difficulties.

FMHSS offers children and young people and their families/supports:
- Information, advice, referral, advocacy, support, home visiting and case management
- Access to group programs

FMHSS Eligibility
To be eligible for support through FMHSS, the child/young person must:
- Be aged between 0-18 years
- Have a parent/caregiver who is willing to work with and support the service
- Be in the catchment area of Coffs Harbour Health Campus (Coffs Harbour, Bonville, Karnwarra, Maclean, Kempsey, East Lismore, Clunes, and surrounds)
- Be affected by, or at risk of, mental illness (no formal mental health diagnosis is required)
- Not be in the care of the Minister

Accessing FMHSS
Individuals can contact FMHSS directly or be referred by a supporting group or agency. For more information, contact the service on 0413 565 140 or go to our website at interrelate.org

Interrelate was located at 1 Rock Ave for Coffs Harbour and Rosebud Medical Centre in Grafton. More details will be available shortly.
You can also call our nearest local service centre on 1300 736 965.

NSW Health
Mid North Coast Local Health District

Excellence in Child Dental Services
Call today on 1300 65 16 25

All children under 18 years of age can receive FREE DENTAL CARE through the Mid North Coast Local Health District.
PARENTS DO NOT NEED TO HOLD A PENSION CARD OR HEALTH CARE CARD FOR THEIR CHILD TO BE ELIGIBLE.

Please call 1300 65 16 25 if you would like your child to have a check-up.

IF THEY ARE IN PAIN OR HAVE DENTAL PROBLEMS THEY WILL BE PRIORITISED WHEN YOU CALL 1300 65 16 25 TO BE TRIAGED.

OUR MID NORTH COAST LOCAL HEALTH DISTRICT DENTAL CLINICS ARE LOCATED IN:

Port Macquarie:
Morton Street (Old Hospital)
Wauchope:
Wauchope Community Health Campus
High Street (adjacent to hospital)
Laurence Street
Kempsey:
Kempsey Community Health Campus
Pacific Highway
Coffs Harbour:
Coffs Harbour Health Campus

For more information visit our website at http://www.coffshealth.com.au