Jamie Oliver Food Revolution

On Friday all students from Karangi Public School created Smashed Sandwiches as part of the Jamie Oliver Food Revolution. Jamie Oliver set up the food revolution due to diet-related diseases rising at an alarming rate, and the importance to educate children about food, where it comes from and how it affects their bodies.

“My wish is to create a strong sustainable movement to educate every child about food, inspire families to cook again and empower people everywhere to fight obesity.” Jamie Oliver

A big thank you to all of the parents who came in to help on Friday and a thank you to Ms Wood who organised the day!

Year 4/5 Taster Lessons
On Thursday Ms Wood and Mrs Lee will be taking the Year 4 and 5 students to Orara High School to participate in more taster lessons, similar to what they experienced last term. Notes for this were sent home last week. We look forward to hearing about their experiences on their return!

Eisteddfod
Next Monday our Years 3-6 students will travel to the Coffs Harbour Race Course to participate in the annual Eisteddfod. Students have been busily preparing under the watchful eyes of Mrs Sally Phillips (Years 3-4) and Ms Amber Callagher (Years 5-6). We wish them well!

Cascade
Last week notes regarding our Year 3-4 excursion to Cascade were sent home. A reminder that a non-refundable deposit of $20 needs to be returned by Wed 27th May so that numbers can be locked in and further organisation of the camp completed.

School Photos
Next Wednesday students will have their school photos taken. A reminder that notes need to be returned before this and that all students must be wearing full school uniform on the day.

CALENDAR OF EVENTS

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<th>Date</th>
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<td>19 May</td>
<td>Tennis Lessons commence</td>
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<td>25 May</td>
<td>Eisteddfod</td>
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<td>26 May</td>
<td>PSSA Soccer</td>
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<td>29 May</td>
<td>OVLC Soccer at Glenreagh</td>
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<td>8 June</td>
<td>Orara Valley Fair P&amp;C Stall Public Holiday</td>
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Presenting at Friday’s assembly Week 5: Yrs 3-6 EISTEDDFOD CHOIRS
OVLC Soccer
Next Friday students years 3-6 will be travelling to Glenreagh to participate in the Orara Valley Soccer Carnival. This is a wonderful opportunity for our students to interact with other students from the Orara Valley.

PSSA Soccer
Next Tuesday our boys and girls PSSA soccer teams will travel into Coffs Harbour to participate in the PSSA Soccer Competition, with our first round match being against Narranga Public School. More information will follow shortly.

NAPLAN
Congratulations to our Year 3 and Year 5 students who completed their NAPLAN tests last week!

Changes to the Newsletter
Please note that the newsletter will now be sent on a Friday.

Tennis Lessons
Tennis lessons with Tennis Pro Mr Allan Pade will commence this week. Your child will inform you as to the time that their class will receive their lesson each week.

Year 5/6 News
ENGLISH
Students in Year 5 & 6 have been examining procedural writing focusing on the text structure and language features of a procedure. Last week the students were presented with a book in Guided Reading titled The History of Bread. The students found it very interesting learning about the different types of leavened and unleavened types of bread and the history of bread making. We then used the information learned to write a procedural text using graphic organisers to structure our text. To add a practical aspect to the lesson, we utilised a bread maker to make wholegrain bread with the class. We have been baking a loaf every day since mid-last week and will continue to do so until we run out of flour; much to the dismay of the students. Each morning the children enjoy taking it in turns to add the ingredients for baking. Baking the bread isn’t the hard part; it’s keeping the students focused at around 1pm when the room starts to smell much like a bakery...very distracting I might add. The further test is trying to slice the loaf into 26 portions; most challenging indeed. The students look forward to their morsel of bread topped with margarine and jam. I dread to hear the response when I tell them we have run out of flour sometime next week.

I’m sure all the students in 5/6 would agree with the following quote:
[Breadmaking is] one of those almost hypnotic businesses, like a dance from some ancient ceremony. It leaves you filled with one of the world’s sweetest smells... there is no chiropractic treatment, no Yoga exercise, no hour of meditation in a music-throbbing chapel that will leave you emptier of bad thoughts than this homely ceremony of making bread.”

ART
Last week the students made terrariums which also aligned with our lessons on procedural text. Each term our art lessons involve sculpting or making things of a 3D nature, with a variety of materials to keep our art varied and interesting. The students planted succulents in their terrariums and took them home as a gift for Mother’s Day.

Have a great week!
Miss Amber Callagher
Thanks for all those who participated in the P&C Meeting Survey. We received some great feedback and we have decided to trial our first ‘Day Meeting’ on Friday 19th June at 1:00pm. We are encouraging all those parents who can attend to come along, meet members of our committee and share your thoughts on our fantastic school.

Also don’t forget the Orara Valley Fair is coming up and we are seeking your support. The money raised at this event will go towards costs of fitting out Mrs Woods 3/4 classroom. Please return your green forms to the office by the 2/6/2015.

Finally, a huge thank you to Emma Davies for assisting Ms Callager to set up the school’s display to Coffs Harbour Show.

Community News

Orara Valley Fair
Monday 8th June 10am-4pm

Free bus from town
Live stage entertainment such as Tallowood, Errol Gray and Nana Glen Dance
Whip cracking
Farm Excursions
Hay Rides
Wood Chop
Market stores
Camel Rides
Bungy Bounce
International food
Landcare/Rivercare
Vintage Machinery
Coffs Harbour Car Club
Guess the weight of the Bull
And much more
20 mins west of Coffs Harbour
See website location and more information.
http://www.oraravalleyfair/
or find us on Facebook at Orara Valley Fair